

PAUSE FOR PAWS

Corporate Wellness Experience

Presented by

SASF

SOUTHAMPTON **animal shelter** FOUNDATION

Because everyone deserves a break that makes them smile.

1. INTRODUCTION

The Challenge

In today's fast-paced world, employees and conference attendees face unprecedented levels of stress, burnout, and digital fatigue. Studies show that even a short interaction with animals can lower blood pressure, boost endorphins, and increase productivity.

Our Solution

Pause for Paws brings the joy and calm of animal companionship directly to your workplace or event. For one hour, our certified handlers and trained adoptable dogs transform your environment into a space of connection, laughter, and emotional recharge.

2. WHAT WE OFFER

The Experience

- One-hour session with 3-5 certified, socialized SASF dogs
- Led by professional handlers and staff from our Training & Behavior Department
- Designed as a wellness and mental health break between meetings or conference sessions
- Includes optional "Meet the Pups" Q&A about rescue, adoption, and training

Perfect for:

- **Corporate conferences and retreats**
- **HR wellness programs**
- **College campus wellness days**
- **Team-building or Employee Appreciation events**



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3. BENEFITS FOR YOUR TEAM OR ATTENDEES

Mental Health & Well-Being

- Reduces stress and anxiety
- Boosts morale and engagement
- Enhances focus and creativity

Corporate Impact

- Strengthens company culture
- Provides unique, positive PR and social media opportunities
- Supports a meaningful cause — all proceeds benefit the animals of SASF

4. LOGISTICS

- **Session Length:** 1 hour
- **Cost:** \$550 (includes staff, transport, setup, and cleanup)
- **Team:** 2–3 SASF staff/handlers
- **Setup Requirements:**
 - Indoor or shaded outdoor area (approx. 20x20 ft)
 - Access to water and waste disposal
 - Limited to 25 participants per session for optimal experience

5. IMPACT

Each *Pause for Paws* session funds:

- One week of food and care for 10 rescue dogs
- Critical medical treatment for shelter animals in need
- Training and socialization programs to prepare dogs for adoption

Every interaction not only benefits people — it helps save animal lives.



6. PARTNER WITH PURPOSE

By hosting a ***Pause for Paws*** session, your organization joins a growing list of compassionate companies committed to employee well-being and animal welfare.

We also provide co-branded digital content for your internal or social media use.

7. BOOKING & CONTACT

To book your ***Pause for Paws*** experience or learn more:

Email: cteakle@sasf.org

Call: 631-728-7387 ext 225

Visit: www.sasf.org

Follow us on social media:



@SouthamptonAnimalShelter

Optional Add-Ons

- Photo booth with branded backdrop
- Branded giveaways (caps, mugs, T-shirts)